

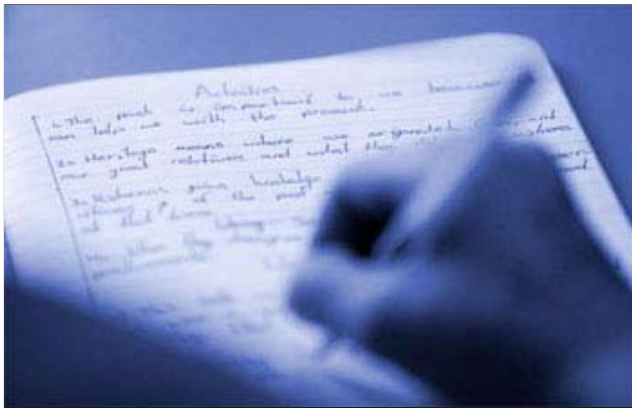


Vishwa Jagriti Mission  
Hong Kong

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# The Power of Words

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## PRAVACHANS - TALKS

### THE POWER OF WORDS

Words have a great power, and they can destroy or heal. We humans possess this power, and we can either use it as a magic wand to bring beauty into our lives or we can use it as black magic to bring destruction into ourselves. Use words of revenge, anger and hatred, and you go against yourselves and others. Use it to uplift and motivate others, and you bring a positive change in the world. Ultimately the choice is yours...

Words are known to have more power than atom bombs! Because it is words that can create wars or make peace. It is said that dialogue, and not the most powerful artillery has brought about treaties of peace among nations. Words are very closely related to our feelings. Someone says something and immediately we feel either happiness or sorrow. Do you see how powerful the spoken word can be? So what do we do? Let us take responsibility for our words, understand their power, and learn to use them in the right way. Whatever words we utter should be chosen with care, choosing what we say rather than saying what we choose. That is the difference between wisdom and foolishness.

Let us now learn to eliminate negative and harsh words from our dictionary and replace them with positive and elevated words that can bring healing to other souls. With a conscious control of our tongue, we can get rid of verbal terrorism. So think before you speak. Give honest and sincere appreciation. Be grateful but do not expect gratitude. Use words of kindness to every soul you meet. Never forget that words spoken out of bitterness or jealousy can bring a lot of sorrow to the person at whom they are directed, and words once spoken can never be retrieved. We need to put a lot of care into the art of speaking with love, sweetness and compassion. Isn't that our foremost duty as human beings?

We communicate mainly through words and it does not matter what language we speak or how we express ourselves, words are, without doubt, the most important thing we have and weather conscious of every spoken or written word, there is no denying that each word is real. Behind every word flows energy and behind every sentence that's strung perfectly together, is a harmonious melody and rhythm.

Words are important in the scheme of things as with them, we have the power to create a

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- Om
- God's Grace
- Thought Power
- Company We Keep
- Stress Management
- Spirituality
- Spirituality Made Simple
- The Power of Words    ::
- Illuminate Your Inner Self

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good, noble society, a great life and an even greater understanding of our place in the universe. Lives are coloured with song lyrics and dramatic motive dialogues and are enriched with long warm conversations. Businesses flourish with the help of great advertising and lucrative deals that are made through careful and precise conversation and dialogue and similarly, the political world is but a game of spoken words and promises that are usually never met. And as with everything else that captivates the human soul, words- in each of its form- is the essence by which much is achieved.

Relationships are nurtured through love: a love that is expressed with a warm hug, a sweet note or a kind conversation. And yet, as with everything that follows the spectrum of good and bad, words too can have a negative impact- and while it has the power to unite, at times, it can also corrupt and separate happy families and friends.

Words that are given out almost always create a reaction in others and reactions to our words often return to us in multiplied form. Take for instance, judgment and harsh words spoken to another, will only naturally to us with more intensity as their judgment has the pain associated with the words attached to it. In comparison, words of kindness and acceptance will generate a warm and appreciative reaction in a person: "the language we use to communicate with one another is like a knife. In the hands of a careful and skilled surgeon, a knife can work to do great good. But in the hands of a careless or ignorant person, a knife can cause great harm. Words work exactly in the same manner."

And hence, in the hope to create a more loving and understanding world, let us all not forget the importance words have for they create a ripple effect in our lives and those around us.

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